

Aikido Association of America and Aikido Association International  
**AIKIDO MINIMUM PROMOTION TEST REQUIREMENTS - CHILDREN**

<b>8th KYU</b> Orange Belt Minimum 3 months and 20 hours of training	
<i>Ki Tests and Exercises</i> <b>Seiza</b> <b>Hanmi No Kamae</b> <b>Orenaite</b> <b>Koho Tendo Undo</b> <b>Shomenuchi</b>	<i>Technique</i> <b>Katatori Ikkyo</b> <b>Katatekosatori Kokyunage</b> <b>Katatekosatori Kotegaeshi</b>
<b>7.5 KYU</b> Orange Belt with one stripe Minimum 3 months and 20 hours after earning 8th Kyu	
<i>Ki Tests and Exercises</i> <b>Shizentai</b> <b>Agura No Shisei</b> <b>Funakogi Undo</b> <b>Munetsuki</b>	<i>Technique</i> <b>Shomenuchi Kokyunage</b> <b>Katatetori Shihonage</b> <b>Katatetori Nikyo</b>
<b>7th KYU</b> Orange belt with two stripes Minimum 3 months and 20 hours after earning 7.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Shomenuchi Ikkyo</b> <b>Undo</b> <b>Zengo Undo</b> <b>Mae Ukemi, Rolling</b> <b>Yokomenuchi</b>	<i>Technique</i> <b>Shomenuchi Kotegaeshi</b> <b>Shomenuchi Iriminage</b> <b>Katatekosatori Sankyo</b> <b>Munetsuki Kotegaeshi</b>
<b>6.5 KYU</b> Blue belt Minimum 3 months and 20 hours after earning 7th Kyu	
<i>Ki Tests and Exercises</i> <b>Happo Undo</b> <b>Banzai no Kamae</b> <b>Ushiro Ukemi, Rolling</b>	<i>Technique</i> <b>Yokomenuchi Kokyunage</b> <b>Katatetori Kaitenage</b> <b>Ushiryokatatori Kokyunage</b>
<b>6th KYU</b> Blue belt with one stripe Minimum 3 months and 20 hours after earning 6.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Tekubikosa Undo</b> <b>Sayu Undo</b> <b>Sayu Choyaku Undo</b> <b>Udefuri Undo</b> <b>Udefuri Choyaku Undo</b>	<i>Technique</i> <b>Yokomenuchi Shihonage</b> <b>Ushirotekubitori Kokyunage</b> <b>Shomenuchi Ikkyo</b>
<b>5.5 KYU</b> Blue belt with two stripes Minimum 3 months and 20 hours after earning 6th Kyu	
<i>Ki Tests and Exercises</i> <b>Ushirosori</b> <b>Maekagami</b> <b>Ushirotori Undo</b> <b>Ushirotekubitori Undo</b>	<i>Technique</i> <b>Ushirotekubitori Kotegaeshi</b> <b>Katatori Yonkyo</b> <b>Ryotetori TENCHINAGE</b>
<b>5th KYU</b> Blue belt with three stripes Minimum 3 months and 20 hours after earning 5.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Tenkan Undo</b> <b>Shikko</b> <b>Yoko Ukemi (full breakfall)</b>	<i>Technique</i> <b>Ryotetori Kokyunage</b> <b>Ushirohijitori Kotegaeshi</b> <b>Munetsuki Kokyunage</b> <b>Suwariwaza: Shomenuchi Ikkyo</b>
<b>4.5 KYU</b> Purple belt Minimum 3 months and 20 hours after earning 5th Kyu	
<i>Ki Tests and Exercises</i> <b>Kata Ashiage</b> <b>Kamae with Bokken</b>	<i>Technique</i> <b>Katatori Kokyunage</b> <b>Ushirotori Kokyunage</b> <b>Ryotetori Kaitenage</b>
<b>4th KYU</b> Purple belt with one stripe Minimum 3 months and 20 hours after earning 4.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Agaranai Karada</b> <b>Bokken Suburi</b>	<i>Technique</i> <b>Katateriyotetori Nikyo</b> <b>Suwariwaza:</b> <b>Shomenuchi Kokyunage</b> <b>Katatori Nikyo</b>
<b>3.5 KYU</b> Purple belt with two stripes Minimum 3 months and 20 hours after earning 4th Kyu	
<i>Ki Tests and Exercises</i> <b>Jo Suburi</b>	<i>Technique</i> <b>Ryokatatori Kokyunage</b> <b>Katatetori Sumiotoshi</b> <b>Katateriyotetori Kokyunage</b>
<b>3rd KYU</b> Purple belt with three stripes Minimum 4 months and 30 hours after earning 3.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Kokyuhō</b> <b>Meisohō</b>	<i>Technique</i> <b>Ryokatatori Kotegaeshi</b> <b>Ryokatatori Ikkyo</b> <b>Hanmi Hantachi Waza:</b> <b>Katatetori Shihonage</b> <b>Katatetori Sankyo</b>
<b>2.5 KYU</b> Brown belt Minimum 4 months and 30 hours after earning 3rd Kyu	
<i>Ki Tests and Exercises</i> <b>Questions about Four Basic Principles of Aikido</b>	<i>Technique</i> <b>Ushirotekubitori Jujinage</b> <b>Ushirokatatedori Kubishime Kokyunage</b> <b>Ryotetori Koshinage</b> <b>Hanmi Hantachi Waza:</b> <b>Munetsuki Kotegaeshi</b>
<b>2nd KYU</b> Brown belt with one stripe Minimum 4 months and 30 hours after earning 2.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Walking with mind and body unified</b>	<i>Technique</i> <b>Yokomenuchi Sudori</b> <b>Ushirotekubitori Shihonage</b> <b>Katateriyotetori Kotegaeshi</b> <b>Jiyuwaza: Grasping attacks</b>
<b>1.5 KYU</b> Brown belt with two stripes Minimum 6 months and 50 hours after earning 2nd Kyu	
<i>Ki Tests and Exercises</i> <b>Bokken Kata I (Happo Giri)</b>	<i>Technique</i> <b>Munetsuki Kaitenage</b> <b>Yokomenuchi Sokumen Iriminage</b> <b>Hanmi Hantachi: Jiyuwaza Randori (2 attackers)</b>
<b>1st KYU</b> Brown belt with three stripes Minimum 6 months and 50 hours after earning 1.5 Kyu	
<i>Ki Tests and Exercises</i> <b>Jo Kata I (22 movement)</b>	<i>Technique</i> <b>Ushirotekubitori Koshinage</b> <b>Ushiro Waza Free Technique</b> <b>Tanto Dori</b> <b>Randori (3 attackers)</b>
<b>SHODAN</b> Black belt, first degree Minimum 8 months and 70 hours after earning 1st Kyu	
<i>Ki Tests and Exercises</i> <b>Written essays:</b> <b>What is Aikido?</b> <b>What is Shugyo?</b> <b>Bokken Kata II</b> <b>Jo Kata II</b>	<i>Technique</i> <b>Munetsuki - Five Arts</b> <b>Shomenuchi - Five Arts</b> <b>Ushirotekubitori - Five Arts</b> <b>Randori (4 attackers)</b>